



LDN LONDON
Learning Disability Network London

ABUSE IS WRONG!



EASY READ

What are my rights?



✓ You have the same rights as everyone else including.....



✓ You have the right to be safe while we are supporting you



✓ You have the right to choices in your life.

✓

What are my rights?



- ✓ You have the right to spend your money the way you want to



- ✓ You have the right to choose where you live when you leave here



- ✓ You have the right to say NO!

What is Abuse?



Physical Abuse

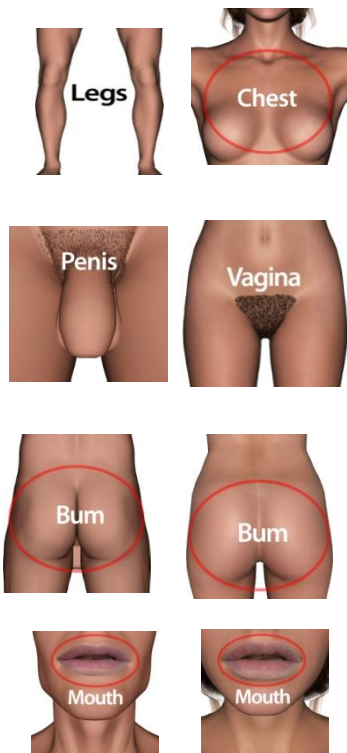


- Hitting
- Punching
- Scratching
- Biting
- Slapping
- Kicking
- Burning
- Flicking
- Pulling hair / clothes and parts of the body
- Pushing
- Spitting
- Poking

What is Abuse?



Sexual Abuse



Touching your

- Breasts
- Lips and/or mouth
- Ears
- Neck
- Penis
- Bum
- Vagina
- Thighs

Sexual Abuse



- Taking photographs of you undressed



- Someone asking you to touch them or showing you their naked bodies (a Flasher)



- Someone undressing you without your permission

Sexual Abuse



- Someone having sex with you when you don't want them to. This is called Rape



- Someone touching themselves (private parts) and making you watch



- Someone making you look at pornography / rude pictures

What is Abuse?

Emotional Abuse



- They don't listen to you



- They ignore you



- They threaten you

Emotional Abuse



- They give you money or things so you keep secrets about them hurting you



- They laugh about you



- They shout at you

What is Abuse?

Financial Abuse



- Taking your money or things without your permission



- Someone else telling you what you can spend your money on and you don't have any choice



- Using your money to buy things for themselves

Financial Abuse



- Borrowing your money and not paying you back

What is Abuse?

Modern Slavery



Victims of modern slavery are forced into working bad jobs without proper pay or conditions.



- People are made to work long hours and have their wages taken away.



- People can be made to leave their country or town to live and work somewhere else (human trafficking)

Modern Slavery



- Forced to live in places that they don't want to and cannot leave



- Not allowed to contact friends or family



- Not allowed to leave the work that they are made to do

What is Abuse?

Neglect



- Leaving you without food and drink



- Leaving you cold



- Leaving you in danger

Neglect

- Leaving you to live in a home that is dirty and unhygienic



- Ignoring your health needs



- Not doing the tasks that are in your plan



Neglect



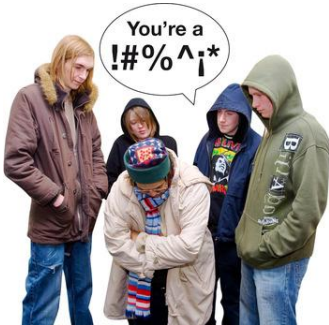
- Not supporting you with medication properly

What is Abuse?

Discrimination

Doing bad things to you because you are different to them. Such as...

- Colour of your skin
- Your beliefs
- Because you speak a different language
- Your age
- Your sexuality
- Because you are a man or a woman
- Because you have a disability



Abuse is Wrong

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Anyone might abuse you



- A stranger



- A friend or family member



- A member of staff or someone else who is paid to support you

What can you do?



- Say NO!



- Tell someone as soon as you can

Who can you tell



Someone you know and trust like.....



- Your Doctor
- Your teacher
- Your care manager
- A member of staff
- Your family or a friend
- Your advocate
- Someone at work

Who can you tell



An organisation who is there to protect you



- A police officer

- Someone in the council

- Someone in CQC (the Care Quality Commission)



You have the right to complain



- If someone has hurt you or you are scared you have the right to complain



- You can contact the following people

Contact details



Advocate

0330 440 9000

**Or text
PEOPLE to 80800**



Police

**999 in an
emergency or
101 if non-
emergency**



Care Quality Commission

enquiries@cqc.org.uk

03000 616161



Learning Disability Network London (LDN London)

020 8968 7376

Camden



**Camden Learning
Disability Service**
020 7974 4444

Pancras Square
Address: 11th Floor, 5
Pancras Sq, London N1C
4AG
adultsocialcare@camden
.gov.uk

Islington



ISLINGTON


**Learning Disability
Partnership**
020 7527 6600

52d Drayton Park
Islington
N5 1NS

RBKC

 <p>THE ROYAL BOROUGH OF KENSINGTON AND CHELSEA</p>	<p>Kensington and Chelsea learning disability 020 7361 3013</p>	<p>1-9 St Marks Road LONDON W11 1RG 020 7313 6880 - Main Office</p> <p>socialservices@rbkc.gov.uk</p>
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Westminster

 <p>City of Westminster</p>	<p>Learning Disability Partnership 020 7641 741</p>	<p>215 -219 Lisson Grove London NW8 8LW</p> <p>adultsocialcare@westminster.gov.uk</p>
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Southwark

	<p>Southwark adult social care 020 7525 233</p>	<p>7 Talfourd Pl, London SE15 5NW</p> <p>LearningDisabilitiesDuty@southwark.gov.uk</p>
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Hammersmith & Fulham

	<p>Hammersmith & Fulham Learning Disability Team 020 8753 1900</p>	<p>145 King Street W6 9XY</p> <p>LDTeamInfo@lbhf.gov.uk</p>
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