

LDN LONDON Community Hub

Stay Healthy • Be Safe • Live Well

Live Well

Tuesday 2nd April



1pm to 4pm



Celebrating:
**World Autism
Awareness Day**



Stay Healthy

Wednesday 3rd April



2pm to 4pm



**Mixed
Martial Arts**
with
Coach Ciara and
Coach Paul

**LDN London
Community Hub**
389a Harrow Rd,
London,
W9 3NA

Live Well

Thursday 4th April



10am to 12pm



**LET'S
TALK**

"Let's Talk!"
with
LDN Families
team



The Hub Team
Laurence , Luana
and Colin

Be Safe

Friday 5th April



2pm to 4pm



**Staying Safe in
the Warmer
Weather**
with
Colin

*To find out more
about activities
at the LDN
Community Hub,
please contact:*



Laurence Swan
Community Engagement
Manager



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