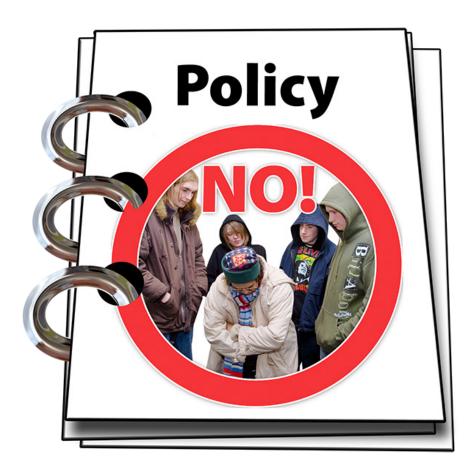
Abuse is wrong



L D N LONDON

Learning Disability Network London Page 1

What are my rights?



You have the same rights as everyone else including



You have the right to be safe while we are supporting you



You have the right to choices in your life.



You have the right to spend your money the way you want to



You have the right to choose where you live



You have the right to say NO!

What is abuse?

Physical Abuse





Hitting

Punching

Scratching

Biting

Slapping

Kicking

Burning

Flicking

Pulling hair / clothes and parts of the body

Pushing

Spitting

Poking



Sexual Abuse





Touching your

Breasts

Lips and/or mouth

Ears

Neck

Penis

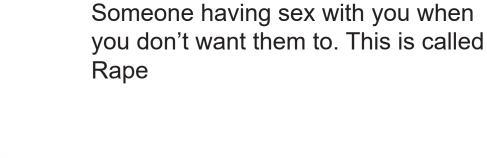
Bum

Vagina

Thighs



Taking photographs of you undressed



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Someone touching themselves (private

Someone undressing you without your permission

Someone asking you to touch them or showing you their naked bodies (a Flasher)

Someone making you look at pornography / rude pictures

parts) and making you watch









Emotional Abuse



They don't listen to you

They ignore you



They threaten you



They give you money or things so you keep secrets about them hurting you



They laugh about you



They shout at you

Financial Abuse



Taking your money or things without your permission

Someone else telling you what you can spend your money on and you don't have any choice



Using your money to buy things for themselves



Borrowing your money and not paying you back

Neglect



Leaving you without food and drink





Leaving you cold





Leaving you in danger





Leaving you to live in a home that is dirty and unhygienic





Ignoring your health needs



Not doing the tasks that are in your plan



Not supporting you with medication properly

Discrimination









Doing bad things to you because you are different to them. Such as...

Colour of your skin

Your beliefs

Because you speak a different language

Your age

Your sexuality

Because you are a man or a woman

Because you have a disability

Anyone might abuse you



A stranger



A friend or family member



A member of staff or someone else who is paid to support you

What can you do?



Say NO!



Tell someone as soon as you can

Who can you tell



An organisation who is there to protect you



A police officer



Someone in the council



Someone in CQC (the Care Quality Commission)

You have the right to complain



If someone has hurt you or you are scared you have the right to complain



You can contact the following people



The Westminster Society for people with learning disabilities (LDN London)

020 8420 2300

16a Croxley Road London W9 3HL



The Care Quality Commission

030 0061 6161

Finsbury Tower 103–105 Bunhill Row London EC1Y 8TG

Contact details - Camden



Advocate

020 7424 1601

Elfrida Rathbone Camden 7 Dowdney Close, off Bartholomew Road London NW5 2BP



Camden Learning Disability Services Tel: 020 7974 4000 Out of office hours: Emergency Duty Team Tel: 020 7974 4444.

5Pancreas Way Camden

Email: adultsocialcare@ camden.gov.uk

Contact details - RBKC



Advocate

020 8962 8695

Advocacy Project Unit 215 Buspace Studios Conlan Street London W10 5AP



THE ROYAL BOROUGH OF KENSINGTON AND CHELSEA

RBKC 020 7361 3013 Out of officeemergency duty social worker 020 7373 2227

1-9 St Marks Road W11 1RG

Email: socialservices@ rbkc.gov.uk

Contact details - Westminster



Advocate

020 8962 8695

Advocacy Project Unit 215 Buspace Studios Conlan Street London W10 5AP



City of Westminster

Learning Disability Partnership 020 7641 741 Westminster Safeguarding Adults Helpline 02076412176 215 -219 Lisson Grove London NW8 8LW

www.westminster. gov.uk/ safeguarding